

5 Reason why diabetes is dangerous

Dr.Pratim's Academy
[HTTPS://SAVEKIDNEY.SPAYEE.COM/](https://savekidney.spayee.com/)

Dr.Pratim's Academy

Dr. Pratims Academy is an online education and support platform for everyone who wants fulfillment and abundance in life. Dr. Pratim Sengupta, a leading nephrologist, from India believes that to achieve accomplishment in life, health, wealth, relationship passion, and aspirations these all aspects need to be balanced. The academy provides knowledge regarding early detection and prevention of health related problems.



Dr.Pratim Sengupta, MD-Medicine, DM-Nephrology

Reason 1

Diabetes is a silent killer

Around 500 hundred million people worldwide are diabetic. In Indian, more than 1 million people die due to diabetes and diabetes-related complications

Do you know

Every minute 6 people die due to diabetes and nearly 9000 people die due to diabetes and diabetes-related complication every day

[Knowledge is the best medicine to combat diabetes](#)

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Reason 2

Early detection is difficult

Diabetes is absolutely silent in nature. There are no symptoms at an early stage. Even an apparently normal healthy person who is absolutely fit can harbor diabetes silently.

Signs and symptoms start when diabetes progress to the advanced stage

[Only with right knowledge diabetes can be diagnosed early.](#)

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Reason 3

Diabetes damages every internal organ of the body

Diabetes is a disease of blood vessels. Every organ needs blood supply for proper functionality. Diabetes can damage blood supplied of every organ much before the diagnosis of diabetes.

Do You Know

- 68% of people with diabetes die from some sort of heart disease
- 16% die of stroke
- 30% of Type 1 diabetes and 10-40% of type 2 diabetes suffer from renal failure
- Diabetes is the leading cause of blindness

[Knowledge is the best medicine to prevent diabetes](#)

Reason 4

Diabetes cannot be reversed

Diabetes is a slowly progressive chronic disease that cannot be reversed. Once diagnosed diabetes remains active for a lifetime. The progression can be arrested with the right medication, exercise, and lifestyle modification.

[Progression of diabetes can be halted with right knowledge](#)

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Reason 5

Diabetes is a costly disease

Diabetes can damage every single organ of our body. It can ruin the lifestyle of a person, and diabetes is a slowly progressive chronic disease. Hence the treatment of diabetes is very costly. One should continue treatment of diabetes for lifelong to sustain life. Hence early detection and prevention is the best way to fight against this silent killer

[Join Art of living with diabetes,A complete solution to diabetes management for everyone suffering from diabetes or for someone with risk of developing diabetes](#)

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Art of Living with Diabetes

It is a unique online education programme for anyone suffering from diabetes or for someone who is at risk of developing diabetes and also for anyone who is a caregiver. The courses are designed by eminent Nephrologist of the country Dr. Pratim Sengupta. These are short audio visual lectures that everyone can access at their own comfort anywhere anytime. There is a Facebook group where every participant interacts with each other, share their experience. They are asked to post assignments and to post in the group. Dr. Sengupta himself operates the group. Besides the participants also get dietary counseling from trained nutritionists. Every month Dr. Sengupta interacts live with all participants to clear their doubts. Hundreds are benefitted with this programme.

Don't miss the opportunity

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