

The 5-Step Plan to Prepare Your Students for the SAT or IIT-JEE (Without All the Stress)



By Udhaya Ravishankar

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Balance your students between school and moral education

Balancing Vedic math students between rigorous academic preparation for exams like SAT or IIT-JEE and moral education is paramount. Vedic morals instill integrity, empathy, and respect, fostering a well-rounded individual. This holistic ritual not only enhances academic excellence but also cultivates essential life skills. Merely focusing on exams neglects character development crucial for success in and beyond academics. Empower your students to excel academically and morally with our comprehensive approach.

□ Step 1

Establish a Strong Foundation

- Begin by ensuring that students have a solid understanding of the fundamental principles of Vedic mathematics as derived from the Sama Veda.
- Integrate moral education through the teachings of the Vedas, emphasizing values such as integrity, empathy, and respect for others.



□ Step 2

Curriculum Alignment

- Align the curriculum with the specific requirements of the SAT or IIT-JEE exams. This involves preparing them on test formats, question types, and key concepts assessed in these exams.
- Identify areas where Vedic math principles can be applied effectively to solve problems more efficiently and accurately.



□ Step 3

Interactive Learning

- Adopt an interactive and engaging teaching methodology that involves practical demonstrations, problem-solving sessions, puzzles and group discussions.
- Encourage students to explore and discover mathematical concepts on their own, fostering a deeper understanding and appreciation for the subject.



□ Step 4

Regular Practice

- Provide students with ample opportunities for practice through mock tests, quizzes, and assignments that simulate the format and difficulty level of the SAT or IIT-JEE exams.
- Offer constructive feedback and personalized guidance to help students improve their problem-solving skills and address any areas of weakness.



□ Step 5

Stress Management & Well-Being

- Emphasize the importance of maintaining a healthy balance between academics and personal well-being.
- Incorporate Vedic-inspired mindfulness techniques to manage stress and improve focus.
- Cultivate a supportive learning environment rooted in moral values through story telling from the Vedas to empower students and promote excellence.





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Overwhelmed thinking about teaching Vedic Maths?

Let me show you everything you need to know to confidently help your students and their parents embark on the journey of their dreams. My Beginners Level Course will take you through every step of the learning process, teaching you everything you need to know to help your students become the strongest individuals.

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