

5 of My Favorite Thought Leaders on **Personal Growth**

Who is worth listening to?

High-quality content tends to get lost in all the noise of the information era. It's never been more important to increase our capacity for making sense of ourselves and the world around us.

These thought leaders have consistently created and curated extremely insightful and essential content on topics such as personal growth, self-awareness, habits, productivity and systems thinking.



Priit Lumi
Elsavie, CEO

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Marshall Goldsmith

As an executive educator and coach, Goldsmith helps people **understand how our beliefs and the environments we operate in can trigger negative behaviors.**

He has four decades of experience helping top CEOs and executives overcome limiting beliefs and behaviors to achieve greater success, and has been ranked as the World's #1 Executive Coach and Top Ten Business Thinker for eight years.

Through powerful tools and practical advice, he helps you **achieve and sustain positive behavioral change;** for yourself, your family, and your community.

[Click here to view the resource >](#)

2

Tiago Forte

A course creator and the founder of Praxis - a blog dedicated to exploring the **frontier of modern productivity**. It is a public forum where curious people can learn about the most insightful ideas, theories, frameworks, and methods in the world of modern work.

Forte is striving towards a vision for a future of work that is more human-centered, creative and fulfilling.

Praxis is an **absolute goldmine of insightful and practical content** for creativity, productivity, note-taking, organizing, technology, personal growth, entrepreneurship, writing, and more.

[Click here to view the resource >](#)

James Clear

A superstar in the world of personal development.

"You don't rise to the level of your goals. You fall to the level of your systems", says Clear.

His writing focuses on topics like...

- How to start (and stick to) good habits
- How to make good choices and avoid bad ones
- How to accomplish more in less time
- How to create better systems and processes
- How to achieve meaningful results without overwhelming yourself

But above all, he writes about **how to put these ideas into practice in daily life.**

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Rich Litvin

Rich Litvin runs a leadership consultancy for world's most successful consultants and coaches.

Litvin puts his own personal spin on the quote by James Clear -
"You don't rise to the level of your answers. You fall to the level of your questions."

He is an expert at taking high-achievers to the greatest levels of success. And he does all this by listening deeply and asking powerful questions. And who else than Rich to get a steady stream of life-changing questions from?

Try these for starters:

[Click here to view the resource >](#)

5

Mark Manson

A two-time #1 New York Times bestselling author whose books have sold over 13 million copies worldwide.

His tagline: "**Life advice that doesn't suck**"

Best learning is mostly entertainment. And Mark for sure knows how to be amusing, entertaining, and often downright hilarious.

His site is a great example of evidence-based life advice based off the back of decades of psychological research and proven therapeutic techniques.

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